

Volume 42 Number 7

Capital Area Service Committee of Narcotics Anonymous

Georgeanne., Area Vice-Chair, opened the 441st meeting of CASNA on 06/07/2026, at 2:00 PM, with the Serenity Prayer. **Nancy U.** read the 12 Traditions, and **Stephen T.** read the 12 Concepts.

Agenda

Serenity Prayer, 12 Traditions, 12 Concepts GSR count/Attendance/Welcome new GSRs/New Meetings
Correction/approval of the minutes Orders of the day

1. Discussion of motions will be limited to GSRs or a group representative only (supported by the 9th concept). Extended discussion rests with the chair.
2. A member may speak once on an issue.
3. The Chair must recognize a member to speak.
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval.
5. For an item to be placed on the agenda, it must be in motion form and with a second.
6. Discussion topics must be in written form and given to the Chair.
7. Each member may speak once on a discussion topic for a maximum of 5 minutes. Opening the Treasurer's report Groups with problems/Group reports:

Subcommittee reports

RCM and Alternate RCM report

Old business

New business

Discussion Topics

Closing Treasurer's report

Quorum: 9

GSR count: 18 @ 2:05 PM 16 @ 3:01 PM

Attendance notes:

Open Positions: Vice Treasurer

*****Next Area Meeting is on 8/2/2026*****

New GSRs: Zach for The Linglestown Meeting

New Meetings: None to report

Corrections to Minutes:

Orders of the Day:

Opening Treasurer's Report: See Attached

Groups with Problems: The Early Bird Gets the Worm has closed its doors due to lack of support per Cesar J. GSR. Thank you for your service Cesar!

Group Reports:

Acceptance- Tues 7-8 PM- 64 E North St, Carlisle, PA- Meetings average 5 - 10 addicts each night. Last month we donated \$150.00 to Area. We had a literature order of \$40.30 today. We have concerns that the meetings lists have not been updated. They are the main vehicle that the groups carry the message, but are

not correct. Chris W.

All Are Welcome- Wed 7-8:15 PM- 54 Bank St, Harrisburg, PA - All is well. We have a few members celebrating anniversaries this month. We bought literature and made a donation of \$57.55! Nancy U.

Any Lengths- Thurs 7:30- 8:30 PM- 210 W. Main St, Hummelstown, PA- No report

Back to Basics- Wed 7 - 8 PM- 135 W Simpson St, Mechanicsburg, PA- No report

Bottom Line- Mon-Fri 12- 2 PM- 7 N 14th St, Harrisburg, PA - Group is doing well! Attendance is up to 50+ on a daily basis! Group is donating \$100 and purchasing literature. Thanks for allowing me to serve, Rich B.

Clean and Free- Sat 12-2 PM- 750 S 29th St, Harrisburg, PA- No report

Commitment to Change- Wed 7- 8 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No report

Cut and Dry- Fri 7- 8:30 PM 914 S 21st St, Harrisburg, PA (21st & Derry)- No report

Desire to Grow- Tues 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA - Nothing new to report. Sean B.

Early Bird Gets the Worm- Sat 9:30 AM- 11 AM- 32 S Front St., Wormleysburg, PA- Unfortunately with our last group conscience we came to the conclusion that it's best for us to close the meeting. Cesar J.

Exodus to Genesis- Sun 6- 7:30 PM- 5th & Camp St, Harrisburg, PA- No report

Gathering Place, The- Sun 6-7 PM- 323 Reno St, New Cumberland, PA - No report

H.A.N.A- Fri 6:30- 8 PM 901 N 6th St, Harrisburg, PA- Homegroup is doing alright, at this time we are revamping our format and doing something different with our Homegroup. Our attendance is always growing. The message of recovery is being spread. Christopher P.

Honesty- Thurs 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA- Attendance has been strong.

Homegroup membership and attendance is also very strong. Thank you for allowing me to be of service. David P.

H.O.W Group- Mon 5:30 PM – JFT 300 Market Street Lemoyne, PA- No report

Just for Today- Sun 12- 2 PM- 7 N 14th St, Harrisburg, PA- Our meeting is doing OK. We are opening and closing on time. We won't be making a donation today. Thanks for allowing me to serve.

Just for Tonight- Sat 8- 9 PM- 300 Market St, Lemoyne, PA- no report

Life or Death- Sun 7-8 PM- 221 S 2nd St, Steelton, PA - The group is doing well. We are growing in numbers and continue to become a larger meeting. Heather B.

Linglestown Meeting- Wed 7- 8 PM- 5834 Linglestown Rd, Harrisburg, PA- No report.

Lunch Bunch- Mon-Sat 12- 1 PM 309 Herman Ave, Lemoyne, PA (In person & Zoom) - No report

Message of Hope- Fri 7-8 PM- 4685 Mt Zion Dr, Enola, PA- 1 new Homegroup member. Attendance is regular at average 40 per week. Jody B.

Nothing to Fear- Mon 7:30- 8:30 PM- 216 S Market St, Mechanicsburg, PA- All is well. Hugs not drugs. Stef R.

O.D.O.P.- Wed 7- 8 PM- 600 Evergreen Road, New Cumberland, PA - No report

Only Hams are Cured- Sat 7- 8:30 PM- 901 N 6th St, Harrisburg, PA - The group has maintained a recovery setting for recovering addicts to come to for help. We maintain around 30 - 50 people each meeting. We are safe as a group. Marcellus M.

On Life's Terms- Mon 6:30- 8:15 PM- 901 N. 6th St, Harrisburg, PA- No report

Saturday at Swatara- Sat 7-8 PM- 6300 Chambers Hill Rd, Harrisburg, PA- No report

Share and Care- Mon 7- 8:15 PM- 228 Bridge St, New Cumberland, PA- No report

Steps and Traditions- Thurs 6:30- 8:15 PM- 750 S 29th St, Harrisburg, PA- No report

Steps to Freedom- Tues 7- 8:30 PM- 901 N 6th St, Harrisburg, PA- No report

The Ties that Bind Us Together- Our home group is struggling for members and 7th Tradition. Peggy L.

Twisted Sisters Tues 7- 8 PM- 323 Reno St., New Cumberland, PA- All is well. Jan A.

Value of Life- Sun 6- 7 PM- 130 Nittany Dr, Mechanicsburg, PA- There are no problems to report and we are being served by a stable core of experienced members. Thanks for allowing me to serve, Stephen T.

We Do Recover- Mon 7- 8:15 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No report

Subcommittee Reports:

Unity Committee: The committee is coming back together as far as members! Need more support from willing members! Had July 4, 2026 cookout at Kohls that was stopped because of not having a permit. Labor Day cookout will be at Negley Park in Lemoyne! Upcoming Speaker Jams July 18, August 15, Sept event and

Labor Day Cookout. Will be collaborating with Life or Death Homegroup for October event. Thanks for allowing me to serve, Rich B.

Unity Treasurers' Report: See attached

Literature: Pending

Policy: The Policy Subcommittee did not meet this past month. The following three motions passed at the June 7, 2026 ASC meeting and were entered into the Policy Log and Policy Guide:

M04.26 P1 – When a Unity Committee event prevents a group from holding its regular meeting, the Unity Committee shall pay that group \$25.00 for use of the space.

M04.26 P2 – Adopted the Audit Committee Guidelines, including the committee's purpose, function, officer qualifications, and officer duties.

M04.26 P3 – Requires semi-annual audits of all Area accounts, including the Area Treasury and the Unity, Literature, and Marathon Committee accounts.

The Policy Log and Policy Guide now reflect all three motions.

Thank you for allowing us to serve. Stephen T. & Heather B.

Public Relations: This is my first area back since April. Not sure what's going on, but I'm willing and ready to serve. Cesar J.

RCM: Motions from Region to be discussed in September voted on in December. Policy needs updated and audited. It hasn't been done since 2019. Attendance needs to improve. A vote of confidence to sign the MARLCNA contract was passed. To adopt consensus-based decision making. Motion from Mason-Dixon in York about 2 levels for voting on motions. Ad hoc for reconsideration of MARLCNA books. **MARLNA** will be February 19 - 21 at Pennsylvania Motor Lodge in Camp Hill, PA. **Open Positions:** Alternate RD, H&I Chair, Vice Chair, PR Chair & Vice Chair, MARLCNA Vice Treasurer, Web Chair & Vice Chair, Step Writing Chair & Vice Chair. We were given \$300 to host the Regional Meeting. We used all of those funds and collected donations of \$120.00. Francois has and will bring next month. This month he had a prior commitment. There were copies made of the upcoming events and handouts. I only received 2 flyers for any other events on the table. One copy I have. The next Region will be in the Poconos in September. In loving service, Nancy U.

Marathon: No report

Marathon Treasurers Report: No report

Audit: No report

Hospitals & Institutions: Jan A. opened the meeting. Shelvn was voted in as a panel leader. 2 members are waiting on clean time requirements and 2 working on 3 consecutive meetings. 10 panel leaders attended.

Panel leader reports:

Facility Reports:

- Arkview - is on Tuesdays 7:30 - 8:30 PM. Jim and Jody split this month.
- C-90 - is on Thursdays 7 - 8 PM. Marlin continues to take members to shadow. All is well.
- Common Ground- is on Thursdays 6 - 7 PM. Jan A. and Cesar J. split the commitment and all is well.
- Conewago - is on Mondays 7 - 8 PM. Matthew, all is well.
- DCP Women's – is on Mondays 3:30 - 4:30PM. Georgeanna & Jan, all is well.
- DCP Men's – is on Mondays 3:30 - 4:30PM. Marlin, all is well.
- New Insights – is on Saturdays 7 - 8 PM. Damian, all is well.
- Women's Work Release (DC) – is on Wednesdays 7 - 8PM - Georgianna, all is well.
- Men's Work Release (DC) – is on Tuesdays 7 - 8 PM. Marlin, all is well.

Cesar is applying to Cumberland Co. Prison. Ronald is starting the application for DCP. Cesar suggested a H & I workshop. Morgan B.

Elections: Unity Committee Vice-Treasurer - Ashley B.

Audit Committee Chair - Dave P.

Audit Committee Vice-Chair - Sean B.

New Business:

M07.26 P1 - To have a literature subcommittee guideline that chair/vice-chair be responsible to forward all meeting list updates to webservant immediately following area service meeting and/or time of update from home groups. Intent: to create a single point of accountability and direct communication for information to be relayed between area service and webservant. Written by: Jody B. 2nd by Chuck K. **Discussion August, Vote September**

M07.26 P2 - To change policy from Unity monthly donation at \$5 to a donation. Intent: to clear up any confusion about admission and donation for treasurers reports. Written by: Peggy L. 2nd by Heather B. **Discussion August, Vote September**

House Keeping Motions:

M07.26 H1 - The Unity Committee requests \$100 for our next event. Our 4th of July event took our prudent reserve to under \$200. Intent: to put on our next monthly speaker jam/fundraiser. Written by: Teresa P. 2nd by: Peggy L. Yay 9 Nay 1 Ab 6 - motion passed

Old Business:

Discussion Topics

Position	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Area Chair	P	P	P	P	P	P	A					
Area Vice Chair	P	P	P	P	P	P	P					
Secretary	P	P	P	P	P	P	P					
Vice Secretary	O	P	P	P	P	P	A					
Treasurer	P	P	P	P	A	P	P					
Vice Treasurer	O	O	O	O	O	O	O					
Unity Chair	P	P	P	P	P	P	P					
Unity Vice Chair	P	A	P	A	P	P	P					
Unity Treasurer	P	P	P	P	P	A	P					
Unity Vice Treasurer	P	A	P	A	A	O	O					
RCM	A	P	P	A	A	P	P					

Alt RCM	O	O	P	A	P	P	A					
H&I Chair	P	P	P	P	P	P	P					
H&I Vice Chair	P	P	P	P	P	P	P					
PR Chair	P	P	P	P	A	A	P					
PR Vice Chair	P	A	A	P	A	P	A					
Literature Chair	P	P	P	P	P	P	A					
Literature Vice Chair	P	P	P	P	P	P	A					
Policy Chair	P	P	P	P	P	P	P					
Policy Vice Chair	P	P	A	P	P	P	P					
Marathon Chair	P	P	P	P	P	P	P					
Marathon Vice Chair	P	O	P	A	P	A	A					
Groups												
Acceptance	A	A	A	A	A	A	P					
All Are Welcome	P	A	A	A	P	P	P					
Any Lengths	A	A	A	A	A	A	A					
Back to Basics	P	P	P	P	P	P	P					
Bottom Line	P	P	P	P	P	P	P					
Commitment to Change	A	A	A	A	A	A	A					
Cut an Dry	/	/	/	/	/	P	A					
Desire to Grow	P	P	P	P	P	A	P					
Early Bird Gets the Worm	P	P	P	P	A	A	P					
Exodus to Genesis	P	A	A	P	A	P	A					
HANA	A	P	A	P	P	A	P					
Honesty	A	A	P	A	A	P	P					
HOW	A	A	A	A	A	A	A					
Just for Today	P	P	P	A	P	P	P					
Just for Tonight	A	A	A	P	A	A	A					
Life or Death	P	P	P	P	P	P	P					

Linglestown Meeting	A	A	A	A	A	A	P					
Lunch Bunch	P	P	A	A	A	A	A					
Message of Hope	/	/	P	A	P	P	P					
Nothing to Fear	/	/	P	P	P	P	P					
ODOP	P	P	P	P	P	P	P					
Only Hams Are Cured	P	P	P	P	P	P	P					
On Life's Terms	A	P	P	A	P	A	A					
Saturday at Swatara	A	A	A	A	A	A	A					
Share & Care	A	A	A	A	A	A	A					
Step & Tradition	P	P	P	P	P	P	P					
The Ties That Bind Us	A	A	P	P	P	A	P					
Twisted Sister	P	P	P	P	P	P	P					
Value of Life	P	P	P	P	P	P	A					
We Do Recover	A	A	A	A	A	A	A					
Total Group Attendance =	17	16	17	16	16	17	18					

CASNA MONTHLY TREASURER JULY

		Ck#
Opening Balance	\$2,073.63	
Less Prudent Reserve	\$1,500.00	
Working Balance	\$573.63	
INCOME		
Group Donations	\$360.90	
Literature Income		
T-shirt match		
TOTAL INCOME	\$360.90	
EXPENSES		
Answer First	\$71.80	
Verizon	\$51.37	
Dex Media	\$10.70	
Area Rent	\$50.00	255
Meeting List		
unity	\$100.00	256

TOTAL EXPENSES **\$283.87**

Working Balance	\$650.66
PLUS Prudent reserve	\$1,500.00
Ending Balance	\$2,150.66
Marathon reserve	\$100.00
Less Reserve to T-Shirts	\$100.00
Balance Available to use	\$1,950.66

Group Donations		Rcpt #	Ck #
Acceptance Group			
All Are Welcome	\$57.55	567278	120
Any Lengths			
Back To Basics	\$10.00	567280	
Bottom Line Group	\$100.00	567277	
Commitment To Change			
Cut & Dry			
Desire To Grow			
Early Bird Gets The Warm			
Exodus To Genesis			
Gathering Place			
H.A.N.A.			
Honest Group	\$60.00	567282	
H.O.W. Group			
Just For Today			
Just For Tonight			
Keeping The Hope Alive			
Life Or Death	\$23.00	567281	
Linglestown Meeting			
Living The Dream			
Lunch Bunch			
Message Of Hope			
Nothing To Fear			
ODOP			
Only Hams' Are Cured	\$11.00	567284	
On Life's Terms	\$50.00	567279	
Saturday At Swatara			
Share & Care			
Step And Tradition			
Steps To Freedom	\$49.35	567283	
The Ties That Bind Us			
Twisted Sister			
Value Of Life			
We Do Recover-HBG			
We Do Recover-Millersburg			
Total Group Donations	\$360.90		

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE:

May 16, 2026

STARTING BALANCE:

351.00

INCOME

ADMISSION: Dance

\$ 30

FOOD: platters

\$ 460.54

MISCELLANEOUS ITEMS: Donations

\$ 40. fish \$ 40.

SUB-TOTAL:

\$ 921.54

NEW BALANCE:

\$ 921.54

EXPENSES

FACILITY RENT:

\$ 45. + \$ 25 (only hamare covered)

D.J.:

\$ 125.00

FOOD:

\$ 308.54

MISCELLANEOUS ITEMS: sodas + water

\$ 110.00

SUB-TOTAL:

\$ 307.54

ENDING BALANCE:

\$ 307.54

COMMENTS:

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE:

June 26, 2026

STARTING BALANCE:

\$ 307.54

INCOME

ADMISSION: Dance

N/A no dance

FOOD:

\$ 580.00

MISCELLANEOUS ITEMS:

SUB-TOTAL:

\$ 887.54

NEW BALANCE:

887.54

EXPENSES

FACILITY RENT:

\$ 45

D.J.:

\$ 250.00

FOOD:

\$ 285.00

MISCELLANEOUS ITEMS:

soda + water \$ 80.54

SUB-TOTAL:

\$ 227.00

ENDING BALANCE:

\$ 227.00

COMMENTS:

July 11, 2026

**C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT**

EVENT DATE: July 4, 2026

STARTING BALANCE:

\$ 227.00

INCOME

ADMISSION:

N/A

FOOD:

N/A

MISCELLANEOUS ITEMS:

N/A sodas + water

SUB-TOTAL:

— \$115.00 342.00

NEW BALANCE:

— 115.00 / 342.00

EXPENSES

FACILITY RENT:

- 0-0

D.J.:

- 0-0

FOOD:

- \$227.00

MISCELLANEOUS ITEMS:

SUB-TOTAL:

\$ 115

ENDING BALANCE:

\$ 115